

00:00:12:18 - 00:00:14:20
Coming up on FYI, why

00:00:14:20 - 00:00:17:20
are so many of us
not able to go to the dentist?

00:00:22:24 - 00:00:25:00
And the school pupils who have jobs

00:00:25:00 - 00:00:28:00
and get paid in penguin pounds.

00:00:33:14 - 00:00:35:00
This is FYI,

00:00:35:00 - 00:00:37:23
your weekly news show with the stories
that matter to you.

00:00:37:23 - 00:00:40:21
And this week we're starting off
with the big issues that a lot of

00:00:40:21 - 00:00:44:08
you guys are facing,
not being able to go to the dentist.

00:00:44:15 - 00:00:46:08
If you're under the age of 18,

00:00:46:08 - 00:00:49:17
going to an NHS dentist is free
because it's funded by the government.

00:00:49:24 - 00:00:53:01
Yeah, and it's recommended
that we go for a checkup every year.

00:00:53:14 - 00:00:58:09
But according to the British Dental
Association, more than 12 million people

00:00:58:09 - 00:01:02:01
in England weren't able to access
NHS dental care last year.

00:01:02:21 - 00:01:04:14
That's a lot of people.

00:01:04:14 - 00:01:05:19
But if you can't get to a free

00:01:05:19 - 00:01:09:13

NHS dentist, then the other option
is having to pay for a private dentist.

00:01:09:20 – 00:01:12:00
But a lot of people just can't afford to.

00:01:12:00 – 00:01:12:22
I know.

00:01:12:22 – 00:01:17:01
Well, FYI viewer Sofia wrote in to say
she wanted to report on the issue

00:01:17:01 – 00:01:18:00
for the show.

00:01:18:00 – 00:01:20:18
She's passionate about it
because her Dad's a dentist

00:01:20:18 – 00:01:22:11
and she was really shocked to find out

00:01:22:11 – 00:01:24:24
how many of us aren't
getting our teeth checked.

00:01:24:24 – 00:01:26:01
Over to you, Sofia.

00:01:29:13 – 00:01:31:02
I understand why taking

00:01:31:02 – 00:01:34:02
care of your teeth is so important.

00:01:34:23 – 00:01:36:21
Teeth,

00:01:36:21 – 00:01:40:22
our pearly whites help us to chomp down
on our favourite treats.

00:01:41:03 – 00:01:44:16
But figures show that tooth decay
is the most common reason

00:01:45:00 – 00:01:48:00
for children aged between five and nine

00:01:48:00 – 00:01:51:00
being admitted to hospital.

00:01:51:03 – 00:01:54:03

So why are lots of us
dodging dentist appointment

00:01:54:03 – 00:01:55:24
and not looking after our teeth?

00:01:55:24 – 00:01:58:17
Well done Sofia, you did really well.

00:01:58:17 – 00:02:00:09
I'm here for a checkup with Dr.

00:02:00:09 – 00:02:04:04
Akhtar and I thought she could answer
some of my questions.

00:02:04:24 – 00:02:08:13
What can we do to stop us from
going to the dentist in the first place?

00:02:08:24 – 00:02:11:16
Well, I think it's really important
that you start coming up

00:02:11:16 – 00:02:14:19
really young age, and it may mean
that we can avoid treatment altogether.

00:02:14:22 – 00:02:17:22
What do you say to those of us
who are nervous to visit you?

00:02:17:22 – 00:02:19:11
There's nothing to be afraid of.

00:02:19:11 – 00:02:22:17
Visiting the dentist is actually a really
simple and straightforward process.

00:02:23:00 – 00:02:24:06
But if you are concerned,

00:02:24:06 – 00:02:27:06
just call your dentist ahead of your
appointment and explain your worries.

00:02:28:02 – 00:02:31:09
And it's not just fear of the dentist
that can stop us coming.

00:02:31:16 – 00:02:34:14
The NHS is struggling to cope with demand.

00:02:34:14 – 00:02:38:19

So what do you think are the main reasons why we don't go to the dentist?

00:02:38:19 - 00:02:41:21

Well, the most common reason is the fact that it can be incredibly

00:02:41:21 - 00:02:45:04

hard to get access to seeing an NHS dentist.

00:02:45:16 - 00:02:49:00

In some areas of England last year, young people

00:02:49:00 - 00:02:53:04

had to wait an average of 18 months just to be looked at.

00:02:53:08 - 00:02:56:24

In recent years we've had a lot of dentists who have left the NHS.

00:02:57:11 - 00:03:01:11

We've had a lot of dentists retire and we've also had less dentists coming in

00:03:01:13 - 00:03:05:18

and unfortunately we're having a lot of dentists leave working in

00:03:05:18 - 00:03:09:15

the NHS due to the shortage of funding from government,

00:03:09:15 - 00:03:13:07

which is restricting on how much treatment we can actually perform.

00:03:13:17 - 00:03:16:06

Have you got any dental care tips for us?

00:03:16:06 - 00:03:19:13

So it's really important to be brushing your teeth at least twice a day

00:03:19:18 - 00:03:21:18

with a fluoride toothpaste.

00:03:21:18 - 00:03:24:11

Diet is also incredibly important.

00:03:24:11 - 00:03:27:15

We really need children

to reduce the number of sugary

00:03:27:15 – 00:03:30:15
snacks that they have in a day
and be careful with what you drink.

00:03:30:18 – 00:03:34:01
So many fizzy drinks, fruit juices
and even all the drinks that say no added

00:03:34:01 – 00:03:37:01
sugar can actually be really damaging
to your teeth.

00:03:37:11 – 00:03:40:13
It is clear that having regular checkups
and watching

00:03:40:13 – 00:03:43:16
what you eat
and drink is the key to a healthy smile.

00:03:43:23 – 00:03:46:17
And the government needs to do more so

00:03:46:17 – 00:03:50:00
everyone can have
equal access to dental care.

00:03:54:23 – 00:03:56:00
Thanks, Sofia.

00:03:56:00 – 00:03:59:15
So what is the government doing to help us
all get seen by a dentist for free?

00:03:59:22 – 00:04:02:17
Well, we got in touch with the Department
of Health and Social Care,

00:04:02:17 – 00:04:07:14
and they told us the government invests
more than £3 billion each year

00:04:07:14 – 00:04:11:18
in NHS dentistry
and last year around 800,000

00:04:11:18 – 00:04:15:00
more children saw an NHS dentist
compared to the year before.

00:04:15:15 – 00:04:20:04
Our new plan for dentists will create

2.5 million more appointments this year.

00:04:21:00 - 00:04:24:04

It sounds good, but there's 12 million people that need to be seen.

00:04:24:04 - 00:04:25:23

I mean, it just doesn't really add up.

00:04:25:23 - 00:04:26:18

No, it doesn't.

00:04:26:18 - 00:04:29:06

It seems like they need to be doing a lot more to make sure

00:04:29:06 - 00:04:31:11

that everyone can get access to an NHS dentist.

00:04:31:11 - 00:04:32:16

Yeah, I know.

00:04:32:16 - 00:04:35:22

Now, if like Sofia, you have a great story that you'd like to report on,

00:04:36:05 - 00:04:39:11

get in touch with us at first.news/FYI.

00:04:39:24 - 00:04:43:14

Next up, we found some interesting reports from across the globe about what

00:04:43:14 - 00:04:45:00

other governments are up to.

00:04:45:00 - 00:04:47:08

But these stories, fake news or fact?

00:04:47:08 - 00:04:48:08

See what you think.

00:04:53:03 - 00:04:55:05

Firstly, we had to Tasmania

00:04:55:05 - 00:04:58:16

the island state of Australia where the Government leader or Premier

00:04:58:16 - 00:05:02:11

Jeremy Rockliff has apparently promised to build the world's largest

00:05:02:11 - 00:05:04:17
chocolate fountain if he's re-elected.

00:05:04:17 - 00:05:06:17
But is that true?

00:05:06:17 - 00:05:09:12
Or how about reports that a town
in the Norwegian

00:05:09:12 - 00:05:12:21
archipelago,
Svalbard, has some strange sounding laws.

00:05:13:08 - 00:05:17:06
Apparently it's illegal to own a pet cat,
fake news or fact?

00:05:17:13 - 00:05:20:13
Find out later in the show.

00:05:22:06 - 00:05:23:04
Now, imagine

00:05:23:04 - 00:05:26:12
your school created its own money
and you could get paid for doing jobs.

00:05:26:13 - 00:05:27:18
That would be amazing.

00:05:27:18 - 00:05:30:18
Although I probably spend money faster
than I can make it.

00:05:30:20 - 00:05:32:05
Yeah, me too.

00:05:32:05 - 00:05:35:00
Well, the pupils from Frome Vale
Academy have done just that.

00:05:35:00 - 00:05:38:00
Here they are to tell us more.

00:05:41:15 - 00:05:43:02
I'm off to work.

00:05:43:02 - 00:05:44:09
I'm a first aider.

00:05:44:09 - 00:05:47:09
I make sure that when people are hurt,
they get the right sort of help.

00:05:47:16 – 00:05:48:20
The wipe might sting a bit.

00:05:48:20 – 00:05:50:23
Just open it up and clean it. Okay. Okay.

00:05:52:09 – 00:05:54:03
I got this job a couple of years ago.

00:05:54:03 – 00:05:56:16
They gave me an interview,
and that was really fun.

00:05:56:16 – 00:05:59:13
I get paid £1 a week.

00:05:59:13 – 00:06:02:02
What? You haven't had one penguin pound?

00:06:02:02 – 00:06:05:02
That's the currency here
at Frome Vale academy.

00:06:05:16 – 00:06:07:00
and did I tell you I'm a pupil here?

00:06:07:00 – 00:06:12:20
One job equals
three Frome Vale citizen cards.

00:06:13:16 – 00:06:16:23
And once you get ten of those,
you can exchange it for one penguin pound.

00:06:17:06 – 00:06:21:03
And then with one penguin pound you can
get something from Ms Saunder's pink box.

00:06:21:21 – 00:06:25:03
And then if you manage to get up to ten,
you can get a Frome Vale hoodie.

00:06:26:21 – 00:06:28:17
There are multiple jobs.

00:06:28:17 – 00:06:31:00
Our job is recycling.

00:06:31:00 – 00:06:34:20
Recycling involves going to each class
and putting a bit of paper

00:06:34:20 – 00:06:38:19

into this red bucket and we put it outside
with all the recycling.

00:06:39:05 – 00:06:42:13
We are Breakfast club monitors,
so we set up at this club

00:06:42:13 – 00:06:45:08
by putting down benches
and taking out the cereal.

00:06:47:01 – 00:06:50:06
I'm the job monitor,
and I monitor people doing their jobs.

00:06:50:13 – 00:06:54:12
If they are, I tick them off
and if they're not, I cross them off.

00:06:54:12 – 00:06:56:23
I work on the newspaper
and I do all the stories

00:06:56:23 – 00:06:58:07
that are going on around the school.

00:06:58:07 – 00:07:01:20
I print the newspapers off
and then I hand them out to parents

00:07:01:20 – 00:07:04:20
of the children at our school.

00:07:06:15 – 00:07:09:09
Yeah, that will make it more snappy.

00:07:09:09 – 00:07:11:13
Currently we're doing admin.

00:07:11:13 – 00:07:14:24
For admin, we help Ms Saunders
by making posters and making PowerPoints.

00:07:15:09 – 00:07:19:11
In my job admin,
I write down the available jobs

00:07:19:11 – 00:07:22:22
on this board
and the people will come over and write

00:07:23:07 – 00:07:26:07
in a job application for which job
they want to apply for.

00:07:27:08 – 00:07:30:08
Dog welfare, that would be so much fun.

00:07:30:17 – 00:07:32:22
Our school has a dog called Maggie.

00:07:32:22 – 00:07:35:14
Having the dog welfare job includes
getting out their water and food

00:07:35:14 – 00:07:36:18
and playing with them.

00:07:36:18 – 00:07:39:16
If I'm lucky
I will get an interview for it.

00:07:39:16 – 00:07:42:00
Other schools
should definitely have their own currency

00:07:42:00 – 00:07:44:22
because it's a really creative idea
of a way of teaching kids

00:07:44:22 – 00:07:49:19
how to deal with money and have their
own jobs and figure out life.

00:07:53:19 – 00:07:55:01
Thanks for that, guys.

00:07:55:01 – 00:07:58:17
Now to the story of two lions, Sarr
and Jamal, who have just

00:07:58:17 – 00:08:02:06
finished an epic journey from Ukraine,
where they were born in captivity,

00:08:02:12 – 00:08:05:12
all the way to a cat sanctuary
in South Africa.

00:08:05:13 – 00:08:07:12
It's been a long time coming.

00:08:07:12 – 00:08:10:23
It's been over two years since
they were rescued as cubs from a farm,

00:08:11:08 – 00:08:15:00
where they were used as a tourist

attraction, but not looked after properly.

00:08:15:15 – 00:08:19:07

They were taken to a rescue center
in Ukraine's capital, Kiev.

00:08:19:19 – 00:08:23:08

Then, as war
broke out in the country in early 2022,

00:08:23:16 – 00:08:26:16

the lions were moved to a rescue center
in Belgium.

00:08:27:00 – 00:08:30:21

Last week, the lions finally began
the long journey to South Africa

00:08:31:04 – 00:08:32:08

and have now been released

00:08:32:08 – 00:08:36:09

into a big cat sanctuary
run by the animal charity Born Free.

00:08:37:13 – 00:08:39:10

And from lions to leopards.

00:08:39:10 – 00:08:42:21

Check out this viral footage
that made us go OMG.

00:08:45:13 – 00:08:46:10

Imagine playing

00:08:46:10 – 00:08:49:16

on your phone and a leopard casually
straying into the room.

00:08:50:00 – 00:08:53:06

Well, that's exactly what happened
to this 12 year old boy in India.

00:08:53:21 – 00:08:57:03

He's been praised for coming in the room
and trapping the leopard.

00:08:57:13 – 00:09:00:09

He was later rescued by authorities.

00:09:00:09 – 00:09:03:06

Leopards in India
are listed as a vulnerable species,

00:09:03:06 - 00:09:05:19
which means they are at risk
of becoming endangered.

00:09:05:19 - 00:09:09:08
And as the world's population grows
and we build more and more into animal

00:09:09:08 - 00:09:12:08
habitats, encounters
like this are becoming more common.

00:09:17:13 - 00:09:18:18
So this year, it's

00:09:18:18 - 00:09:21:18
the Summer Olympics
and Paralympic Games in Paris.

00:09:21:21 - 00:09:23:23
But what if that was an animal Olympics?

00:09:23:23 - 00:09:25:09
And who would win gold?

00:09:25:09 - 00:09:29:10
Well, author and presenter Clare Balding
has some ideas in her new book,

00:09:29:10 - 00:09:30:18
Animal All Stars.

00:09:30:18 - 00:09:32:21
And we've got hold of us to talk about it.

00:09:32:21 - 00:09:35:17
Hi Clare, Thanks so much for joining us.

00:09:35:17 - 00:09:38:06
Hey, so nice to meet you both.

00:09:38:06 - 00:09:41:06
So what made you come up with the idea
for your book?

00:09:41:10 - 00:09:45:10
Well, the two things I love most in
the world are sport and animals.

00:09:45:10 - 00:09:49:09
And I had always wondered, like,
if you put all the different animals

00:09:49:09 - 00:09:54:10

from all the different continents
into a big sporting extravaganza,

00:09:54:10 - 00:09:58:10
testing all sorts of different skills,
who would come out on top?

00:09:58:15 - 00:10:01:24
There's so much that I learned
as I was writing it to go,

00:10:02:04 - 00:10:05:05
I'd forgotten that a sloth can hold
its breath for 40 minutes.

00:10:05:15 - 00:10:08:13
my gosh, 40 minutes. I did not know that.

00:10:08:13 - 00:10:11:18
So what's the best fact that you found out
while writing the book?

00:10:12:03 - 00:10:15:20
It's about a sea cucumber,
because a sea cucumber

00:10:15:20 - 00:10:19:18
can liquefy its insides
and then inject them out of its bottom.

00:10:19:23 - 00:10:20:02
What!!

00:10:22:08 - 00:10:24:21
I mean, it's like as a party trick,

00:10:24:21 - 00:10:27:06
it would be a bit of a party stopper,
I think. Yeah.

00:10:27:06 - 00:10:30:23
I gave all of my contestants
names, All of them apart from one.

00:10:30:24 - 00:10:32:03
The housefly.

00:10:32:03 - 00:10:34:23
We sort of disregard housefly, but

00:10:34:23 - 00:10:37:23
actually the housefly is extraordinary.

00:10:37:24 - 00:10:40:23

Speed of reaction is faster
than any other animal on the planet.

00:10:40:23 - 00:10:43:20
And it's
why they're so difficult to sort of catch.

00:10:43:20 - 00:10:45:10
I would have never thought of that.

00:10:45:10 - 00:10:46:12
You've done the commentary

00:10:46:12 - 00:10:50:01
for many Olympic Games,
so what do you think makes it so special?

00:10:50:07 - 00:10:51:17
I love the fact that once

00:10:51:17 - 00:10:53:17
every four years,
for quite a lot of athletes,

00:10:53:17 - 00:10:57:14
this is the only chance they get
to compete in front of a massive audience.

00:10:57:18 - 00:10:59:04
So I really love that.

00:10:59:04 - 00:11:02:18
But it brings together so many different
athletes from different parts

00:11:02:18 - 00:11:06:04
of the world
and that you suddenly start to care about

00:11:06:04 - 00:11:10:03
and understand the rules for something
like skateboarding or breakdancing.

00:11:10:08 - 00:11:13:19
And I can just imagine the energy
being amazing just to be there.

00:11:14:00 - 00:11:14:10
Yeah.

00:11:14:10 - 00:11:18:06
And I don't know whether, you know, this
random fact coming up to the Paralympics

00:11:18:10 - 00:11:22:07
actually means parallel
to the Olympics and London.

00:11:22:09 - 00:11:24:03
And that was the first time
that ever happened.

00:11:24:03 - 00:11:24:10
You know,

00:11:24:10 - 00:11:28:08
since then, definitely the profile
of Paralympians has massively increased.

00:11:28:11 - 00:11:31:18
So like you're saying earlier,
breakdancing is going to be a new sport

00:11:31:18 - 00:11:36:03
in this year's Olympic Games, which I'm
really, really, really excited for.

00:11:36:09 - 00:11:39:20
But do you think it'll be as successful
as surfing and skateboarding,

00:11:39:20 - 00:11:42:10
which is introduced
to the last Olympic Games?

00:11:42:10 - 00:11:45:15
The Olympics is a celebration
of everything

00:11:45:15 - 00:11:49:02
we as human beings are capable
of doing with our bodies.

00:11:49:14 - 00:11:53:08
And that's why I think breakdancing
and speed climbing and surfing.

00:11:53:10 - 00:11:54:12
They are all sports.

00:11:54:12 - 00:11:59:04
They require huge amounts of athleticism
and fitness and bravery,

00:11:59:12 - 00:12:03:00
but also concentration, yeah,
I love climbing.

00:12:03:00 - 00:12:03:24
I go climbing with my dad.

00:12:03:24 - 00:12:06:07
So it was so cool
watching the speed climbing.

00:12:06:07 - 00:12:08:23
So how do you think Team
GB are going to do this year?

00:12:08:23 - 00:12:10:10
I think they're going to do really well

00:12:10:10 - 00:12:13:10
and I think the swim team
is going to set the pace.

00:12:13:16 - 00:12:16:16
I'm going to be based at swimming
so I'm very excited for it.

00:12:16:17 - 00:12:18:15
Thank you so much for joining us.

00:12:18:15 - 00:12:21:11
I mean, it's been an absolute pleasure
talking to you.

00:12:21:11 - 00:12:22:14
You are more than welcome.

00:12:22:14 - 00:12:25:22
Thank you. Here on FYI,
you get your shout.

00:12:25:24 - 00:12:27:12
And we wanted to know what sports

00:12:27:12 - 00:12:30:12
you would like to see at the Olympics
and which ones you enjoy the most.

00:12:30:15 - 00:12:34:23
Yeah, his the one you stop at Pebble
Brook School to give us their thoughts.

00:12:37:20 - 00:12:40:20
Well, cricket would be too long.

00:12:42:15 - 00:12:44:11
Darts?

00:12:44:11 - 00:12:46:23

Depends how good you are.

00:12:46:23 - 00:12:49:23
Sheep shearing just would be weird,

00:12:51:12 - 00:12:54:12
and then ultimate Frisbee would be good.

00:12:54:12 - 00:12:56:08
I think it'd be a bit weird.

00:12:56:08 - 00:12:59:08
Quidditch in a like an Olympics.

00:13:00:04 - 00:13:01:17
Just maybe any athlete.

00:13:01:17 - 00:13:04:23
I think dodgeball
because it would be really funny

00:13:04:23 - 00:13:09:06
and fun to watch them all
just throw a dodgeball at them.

00:13:09:07 - 00:13:11:23
Yeah,
I bet a lot of people want to watch that.

00:13:11:23 - 00:13:13:19
I quite like dodge ball.

00:13:13:19 - 00:13:16:19
Now, obviously, we do it in PE, it is fun.

00:13:16:22 - 00:13:22:11
I do like how they put skateboarding,
BMX and all of that in there

00:13:22:11 - 00:13:25:13
because that's another thing to watch,
which is quite cool.

00:13:25:20 - 00:13:27:06
Yeah, I suppose so.

00:13:27:06 - 00:13:30:07
I do quite like BMXing.

00:13:30:08 - 00:13:33:21
It's amazing to think that other people
can actually do that sort of stuff.

00:13:34:02 - 00:13:36:17

I think that should be in the Olympics more.

00:13:36:17 - 00:13:36:24

Yeah.

00:13:36:24 - 00:13:39:24

So what's your favorite sport? Football.

00:13:39:24 - 00:13:44:04

I do it all the time and I enjoy it.

00:13:44:10 - 00:13:48:06

I think horse riding because I like horses and I like riding cause

00:13:48:13 - 00:13:52:21

I like football because it's pretty much always play it at school in it.

00:13:56:20 - 00:13:57:19

So what do

00:13:57:19 - 00:14:00:19

you make of these two stories we found this week?

00:14:01:08 - 00:14:04:20

The report that Tasmania's Premier has promised to build the world's

00:14:04:20 - 00:14:07:20

largest chocolate fountain are fact.

00:14:08:23 - 00:14:10:13

as well as a chocolate fountain.

00:14:10:13 - 00:14:14:10

Jeremy Rockliff said if he is reelected he will put \$12

00:14:14:10 - 00:14:17:10

million towards a new chocolate tourist attraction.

00:14:17:11 - 00:14:20:16

And the story that pet cats are banned in a town in Svalbard

00:14:20:16 - 00:14:24:05

is also a fact because cats like to hunt, rules

00:14:24:05 - 00:14:27:12

prevent residents from owning them as pets
in order to protect

00:14:27:12 – 00:14:30:12
local wildlife.

00:14:32:07 – 00:14:34:17
We've had a lot of animals on the show
this week,

00:14:34:17 – 00:14:37:16
but we're going to finish with the UK's
most popular pack, the dog!

00:14:37:16 – 00:14:40:23
Did you know there's a world
famous dog competition

00:14:41:02 – 00:14:43:11
held every year here in the UK.

00:14:43:11 – 00:14:45:01
It's called Crufts.

00:14:45:01 – 00:14:49:20
And this year 24,000 dogs from across
the world came to compete.

00:14:50:05 – 00:14:53:22
A big congratulations to some of 2024's
top dogs.

00:14:54:05 – 00:14:57:05
The winner of the terrier group was Zen,
the Jack Russell.

00:14:57:06 – 00:14:58:16
He's very cute.

00:14:58:16 – 00:15:01:23
But personally, I think my border
terrier, Bella, is cuter.

00:15:03:05 – 00:15:05:00
Awww, she's so adorable.

00:15:05:00 – 00:15:08:18
And Viking, the Australian shepherd
won the most prestigious title.

00:15:09:01 – 00:15:10:23
He was crowned best in show.

00:15:10:23 – 00:15:12:21

Well done, Viking.

00:15:12:21 - 00:15:15:17

See you next week for more top news. Bye.